

## Parallel sessions

You may choose to attend two sessions. Please indicate your 1st, 2nd and 3rd choice on the application form. We will try to give you your 1st and 2nd choices.

### Session 1: Malignant pleural disease

*Helen Davies*

This session will cover theoretical and practical aspects of the care for patients with malignant pleural effusion. Indications for pleural aspiration, chest drain insertion, pleurodesis and ambulatory indwelling pleural catheter use will be discussed. Delegates will be given a hands-on guide to the management of chest drains and solving the common problems encountered.

### Session 2: Ventilatory failure

*Maxine Hardinge and Debbie Smith*

The team provides a domiciliary ventilation service for patients in chronic ventilatory failure due to neuromuscular diseases such as motor neurone disease, obesity hypoventilation and chest wall deformity. Delegates will have the opportunity to discuss indications for ventilation, practical issues with demonstration of NIV machines and masks, and common difficulties encountered

### Session 3: Practicalities of non-drug treatments for breathlessness

*Frances Sinfield*

This session will include practical demonstrations of physiotherapy techniques for helping patients with breathlessness and exercise limitation. Relaxation techniques will also be covered.

### Session 4: Care of younger patients

*Lesley Bennett and Alison Gates*

The Oxford Cystic Fibrosis team will share their experiences of providing a multi-disciplinary approach for end of life care for young adult patients with CF. This will include discussion about transplantation, oxygen, non-invasive ventilation and end of life care.

If you need to stay in Oxford you can find a comprehensive list of hotels and bed and breakfast accommodation at [www.oxfordcity.co.uk](http://www.oxfordcity.co.uk) or telephone the Tourist Information Centre 01865 726871.

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WHO Collaborating Centre  
for Palliative Care



Cover Picture: Oxford Skyline by Ken Messer  
[www.kenmesser.co.uk](http://www.kenmesser.co.uk)

[www.sobellhospiceoxford.org](http://www.sobellhospiceoxford.org)



# Sobell Study Centre

Sir Michael Sobell House

## Beyond breathlessness: end of life care in advanced respiratory disease

29 April 2010

£140 (includes refreshments & lunch)

St. Anne's College, Woodstock Road, Oxford

This study day has been planned by Sobell House Study Centre in collaboration with the Oxford Centre for Respiratory Medicine, Oxford Radcliffe Hospitals NHS Trust. Sobell House Study Centre is the academic wing of Sir Michael Sobell House Hospice which is also part of the ORH Trust.

## Education and Research in Palliative Care



Email: [ssc@orh.nhs.uk](mailto:ssc@orh.nhs.uk)

[www.sobellhospiceoxford.org](http://www.sobellhospiceoxford.org)

## Beyond breathlessness

### Target audience

This study day will be of interest to all respiratory and palliative care specialists wishing to improve the quality of care for patients with advanced respiratory disease, and their families.

### About this course

The profile of end of life care within the NHS is changing, with a national drive to promote high quality care for all people approaching the end of life. Caring for patients with advanced respiratory disease can be particularly challenging. This study day will explore the significant physical and psychosocial issues faced by patients with chronic respiratory disease and lung cancer.

### Topics will include:

- Identifying the barriers to the provision of high quality end of life care
- Patient and carer perspectives
- Effective communication in the context of an uncertain prognosis
- Management of uncontrolled symptoms including breathlessness, fatigue and anxiety
- Service development in practice – delivery of integrated care

### Speakers

Lesley Bennett	Clinical Lead Respiratory Medicine, Director, Oxford Adult Cystic Fibrosis Unit, Oxford Centre for Respiratory Medicine
Helen Davies	Specialist Registrar in Respiratory Medicine,
Alison Gates	Senior Physiotherapists, Oxford Adult CF service
Maxine Hardinge	Consultant Respiratory Physician, Clinical Lead for COPD and pulmonary rehabilitation, Consultant Adult Sleep Unit, Oxford Centre for Respiratory Medicine
Eva Lew	Specialist Registrar in Palliative Medicine
Jo Riley	Lead Respiratory Nurse Specialist, Oxford Radcliffe Hospitals NHS Trust
Frances Sinfield	Clinical Specialist COPD and Pulmonary Rehabilitation Therapies Department, Oxford Radcliffe Hospitals NHS Trust
Debbie Smith	Sister and Clinical Nurse Specialist, Oxford Sleep Unit, Oxford Radcliffe Hospitals NHS Trus
Anna Spathis	Consultant in Palliative Medicine, Sir Michael Sobell House

## End of life care in advanced respiratory disease

### Programme

#### 08:30 Registration and coffee

09:00 Chair's welcome and housekeeping

09:15 The burden of advanced respiratory disease: identifying unmet needs  
*Maxine Hardinge*

10:00 Patient and carer perspectives: evidence from IMPRESS\*  
*Jo Riley*

#### 10:45 Coffee

11:15 Advance care planning in practice: strategies to improve communication  
*Eva Lew*

12:00 Evidence based symptom control: dispelling the myths  
*Anna Spathis*

#### 13:00 Lunch

14:00 Choice of parallel sessions 1\*\*

14:45 Choice of parallel sessions 2\*\*

#### 15:15 Tea

16:10 Developing collaborative care: a discussion forum  
*Anna Spathis and Maxine Hardinge*

16:45 Concluding remarks

#### 17:00 Close

\*IMPRESS: IMProving and integrating RESpiratory services in the NHS

\*\*Parallel session choices overleaf

For application form and to see our full education programme, please visit our website: [www.sobellhospiceoxford.org](http://www.sobellhospiceoxford.org)

# Sobell Study Centre: Registration Form *(please photocopy)*

Surname		First Name	
Title	male/female	Job Title	
Organisation			
Work address			Preferred address for correspondence (if different)
Postcode			
Telephone	Work	Home	
Email			Fax
Special requirements			

Please indicate which course/workshop you would like to attend by ticking your requirements overleaf

Where did you hear about this course? (tick as appropriate)

- Direct mailing     
  Recommendation     
  Sobell House Website     
  Other website

**Payment options please select**

- I enclose a cheque of £\_\_\_\_ payable to  
ORHCF - Sobell Study Centre
- Please invoice my organisation £\_\_\_\_  
*Before requesting an invoice you must ensure that  
 you have authority from your funding body.*

Name & address of the person to whom the invoice should be sent
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**Conditions of registration:** To be formally registered we must receive a completed registration form and full payment six weeks prior to the event.

Unless otherwise stated for specific courses, the following administration charges will be made for cancellations:

- Up to 30 working days before the event - 10% of course fee.
- From 29-15 working days before the event - 25% of course fee.
- Less than 15 working days before the event or non-attendance - no refund.

A colleague may replace you on the day although Sobell Study Centre must be informed of this substitution in advance. All information in this leaflet is correct at the time of printing. Please note: there may be additional conditions for courses held at venues other than Sobell Study Centre.

**Accommodation:** You are responsible for making your own arrangements for accommodation. You will find a comprehensive list of hotels and guest houses on the following website: <http://www.oxfordcity.co.uk/accom/>

**Data protection:** Sobell Study Centre is an organisation that conducts research & training in palliative care. We maintain databases for course management, marketing, and for our library. Contact details for attendees are held and may be used as a basis for a mailing list to promote future courses. A list of names and work places of course participants may be circulated in delegate packs, for course participants only.

I have read and understand the conditions of registration.

Signed ..... Date .....

Please return this form along with your cheque or invoice details:

Post to: **Sobell Study Centre, Sir Michael Sobell House, Churchill Hospital, Oxford, OX3 7LJ.**

Tel: +44 (0)1865 225886

Fax: +44 (0)1865 225599

Email: [ssc@orh.nhs.uk](mailto:ssc@orh.nhs.uk)

Please turn over

Courses and workshops 2009-10			
Date	Title	Cost	✓
22 Sep 2009	Palliative care education in primary care	£25	
22-23 Oct 2009	General medicine update for palliative care physicians	£220	
03-05 Nov 2009	Supervision in palliative and bereavement care	£270	
10 Nov 2009	Palliative care education in primary care	£25	
20 Nov 2009	Wider horizons: follow-up day	£100	
01 Dec 2009	At the coal face: a day for clinical support workers working in palliative and end-of-life care	£90	
10-11 Dec 2009 & 21 Jan 2010	Communication in palliative care (3 days)	£270	
16 Dec 2009	From practitioner to teacher	£90	
19 Jan 2010	Implementing the <i>Guidance For Bereavement Needs Assessment In Palliative Care</i>	£100	
22 Jan 2010	Music therapists in palliative care: practitioners day	£90	
28-29 Jan 2010	General medicine update for palliative care physicians	£250	
02 Feb 2010	Facilitating learning in the workplace	£90	
04 Feb 2010	Enhancing your skills in palliative care nursing	£90	
09 Feb 2010	Exploring grief and bereavement (evening)	£30	
10 Feb 2010	Good morning. Can I help you?	£90	
11 Feb 2010	Passionate supervision	£125	
26-27 Feb & 14 May 2010	Song writing as a therapeutic practice (3 days)	£270	
02 Mar & 28 Apr 2010	Expanding your horizons as a teacher: maximising opportunities for teaching and learning in palliative care (2 days)	£200	
04 Mar 2010	Why suffering? (evening)	£30	
22 Apr 2010	Mapping grief: working therapeutically with bereaved people	£90	
23-24 Apr 2010 & 27 May 2010	CBT basic skills	£300	
27 Apr 2010	Hope in the palliative care context (evening)	£30	
29 Apr 2010	Beyond breathlessness: end of life care in advanced respiratory disease <i>Please state your preferences for the parallel sessions below</i>		£140
	1. Pleural disease	2. Ventilatory failure	
15 May 2010	Guitar skills for non-guitarists	£90	
20 May 2010	Insight into art therapy (evening)	£30	
08 Jun 2010	Enhancing your skills in palliative care nursing	£90	

#### Advanced courses in pain & symptom management 2010

23-24 Jun 2010	Newcastle	05-06 Jul 2010	Oxford 1
29-30 Jun 2010	Nottingham	12-13 Jul 2010	Oxford 2
Registration form for the Advanced Courses available on <a href="http://www.sobellhospiceoxford.org">www.sobellhospiceoxford.org</a> or contact Sobell Study Centre: tel. + 44 (0)1865 225886 e-mail: <a href="mailto:ssc@orh.nhs.uk">ssc@orh.nhs.uk</a>			

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