

## About the facilitators

**Linda Machin** is a Visiting Research Fellow at Keele University having been a lecturer in social work and counselling at Keele. She established a bereavement counselling service in North Staffordshire and continues to, work as a researcher, hospice counsellor and freelance trainer. She is author of *Working with Loss and Grief: a New Model for Practitioners (2009)* and co-author of *Guidance for Bereavement Needs Assessment in Palliative Care (2007)*.



**Sobell Study Centre**  
Sir Michael Sobell House

## Mapping grief: working therapeutically with bereaved people

22 April 2010

£90 (includes refreshments & lunch)

Sobell House

Linda Machin

If you need to stay overnight in Oxford you can find a comprehensive list of hotels and bed and breakfast accommodation at [www.oxfordcity.co.uk](http://www.oxfordcity.co.uk) or telephone the Tourist Information Centre 01865 726871.

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Cover Picture: Oxford Skyline by Ken Messer  
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## Education and Research in Palliative Care



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## Mapping grief

### Target audience

This day will be of interest to counsellors, Clinical Nurse Specialists, psychologists, chaplains, GPs, volunteers and others involved in providing ongoing bereavement support or counselling.

### About this course

We are pleased to be able to offer once again this popular and highly rated study day with Dr Linda Machin author of 'Working with Loss and Grief: a New Model for Practitioners (2009).'

Supporting those who are grieving a significant bereavement is a key role for many professionals and volunteers. Although there is an extensive literature on loss and bereavement, there is little available to guide practitioners as they put theory into practice. In this study day Linda will provide an in-depth focus on her Range of Response to Loss model and her well-validated Adult Attitude to Grief self-assessment scale. The model provides a theoretical 'compass' for recognising the wide variability in reaction to loss that is directly relevant to practice. The AAG scale is a tool for understanding or 'mapping' the complexities of individual coping styles, resilience and vulnerability and how these change over time. Linda's work is particularly important as it helps practitioners to tailor intervention to need without being prescriptive. This interactive day will provide an opportunity for participants to consider the usefulness of the model and tool for practice.

This day may be taken in conjunction with Implementing the Guidance for Bereavement Needs Assessment which focuses on pre-bereavement assessment.

### This interactive study day will help participants to:

- Consider how they listen to their clients' 'stories' of grief
- Use the Range of Response to Loss model to identify differing coping styles and those that indicate resilience or vulnerability
- Assess the need for therapeutic intervention or support
- Explore how to use a self-assessment questionnaire to understand or map individual grief profiles
- Consider how mapping grief can help to provide a therapeutic focus and dialogue and support outcome evaluation.

## Programme

09:00	<b>Registration and coffee</b>
09:30	Welcome and introduction to the day
10:00	The Range of Response to Loss (RRL) <ul style="list-style-type: none"><li>▪ a model for understanding diversity in coping with grief</li><li>▪ using the RRL compass – video case example</li></ul>
11:00	<b>Coffee</b>
11:15	Using the Range of Response to Loss and the Adult Attitude to Grief Scale in practice – case studies and group work
13:00	<b>Lunch</b>
13:45	Matching intervention to need – decision making about therapeutic approaches
14:00	Matching intervention to need – group work
15:00	<b>Tea</b>
15:15	Implications for practice – incorporating self-assessment into the work of a bereavement service
16:15	Evaluation and final thoughts
16:30	End

For application form and to see our full education programme, please visit our website: [www.sobellhospiceoxford.org](http://www.sobellhospiceoxford.org)

# Sobell Study Centre: Registration Form *(please photocopy)*

Surname		First Name	
Title	male/female	Job Title	
Organisation			
Work address			Preferred address for correspondence (if different)
Postcode			
Telephone	Work	Home	
Email			Fax
Special requirements			

Please indicate which course/workshop you would like to attend by ticking your requirements overleaf

Where did you hear about this course? (tick as appropriate)

- Direct mailing     
  Recommendation     
  Sobell House Website     
  Other website

**Payment options please select**

- I enclose a cheque of £\_\_\_\_ payable to  
ORHCF - Sobell Study Centre
- Please invoice my organisation £\_\_\_\_  
*Before requesting an invoice you must ensure that  
 you have authority from your funding body.*

Name & address of the person to whom the invoice should be sent
-----------------------------------------------------------------

**Conditions of registration:** To be formally registered we must receive a completed registration form and full payment six weeks prior to the event.

Unless otherwise stated for specific courses, the following administration charges will be made for cancellations:

- Up to 30 working days before the event - 10% of course fee.
- From 29-15 working days before the event - 25% of course fee.
- Less than 15 working days before the event or non-attendance - no refund.

A colleague may replace you on the day although Sobell Study Centre must be informed of this substitution in advance. All information in this leaflet is correct at the time of printing. Please note: there may be additional conditions for courses held at venues other than Sobell Study Centre.

**Accommodation:** You are responsible for making your own arrangements for accommodation. You will find a comprehensive list of hotels and guest houses on the following website: <http://www.oxfordcity.co.uk/accom/>

**Data protection:** Sobell Study Centre is an organisation that conducts research & training in palliative care. We maintain databases for course management, marketing, and for our library. Contact details for attendees are held and may be used as a basis for a mailing list to promote future courses. A list of names and work places of course participants may be circulated in delegate packs, for course participants only.

I have read and understand the conditions of registration.

Signed ..... Date .....

Please return this form along with your cheque or invoice details:

Post to: **Sobell Study Centre, Sir Michael Sobell House, Churchill Hospital, Oxford, OX3 7LJ.**

Tel: +44 (0)1865 225886

Fax: +44 (0)1865 225599

Email: [ssc@orh.nhs.uk](mailto:ssc@orh.nhs.uk)

Please turn over

Courses and workshops 2009-10			
Date	Title	Cost	✓
22 Sep 2009	Palliative care education in primary care	£25	
22-23 Oct 2009	General medicine update for palliative care physicians	£220	
03-05 Nov 2009	Supervision in palliative and bereavement care	£270	
10 Nov 2009	Palliative care education in primary care	£25	
20 Nov 2009	Wider horizons: follow-up day	£100	
01 Dec 2009	At the coal face: a day for clinical support workers working in palliative and end-of-life care	£90	
10-11 Dec 2009 & 21 Jan 2010	Communication in palliative care (3 days)	£270	
16 Dec 2009	From practitioner to teacher	£90	
19 Jan 2010	Implementing the <i>Guidance For Bereavement Needs Assessment In Palliative Care</i>	£100	
22 Jan 2010	Music therapists in palliative care: practitioners day	£90	
28-29 Jan 2010	General medicine update for palliative care physicians	£250	
02 Feb 2010	Facilitating learning in the workplace	£90	
04 Feb 2010	Enhancing your skills in palliative care nursing	£90	
09 Feb 2010	Exploring grief and bereavement (evening)	£30	
10 Feb 2010	Good morning. Can I help you?	£90	
11 Feb 2010	Passionate supervision	£125	
26-27 Feb & 14 May 2010	Song writing as a therapeutic practice (3 days)	£270	
02 Mar & 28 Apr 2010	Expanding your horizons as a teacher: maximising opportunities for teaching and learning in palliative care (2 days)	£200	
04 Mar 2010	Why suffering? (evening)	£30	
22 Apr 2010	Mapping grief: working therapeutically with bereaved people	£90	
23-24 Apr 2010 & 27 May 2010	CBT basic skills	£300	
27 Apr 2010	Hope in the palliative care context (evening)	£30	
29 Apr 2010	Beyond breathlessness: end of life care in advanced respiratory disease <i>Please state your preferences for the parallel sessions below</i>		£140
	1. Pleural disease	2. Ventilatory failure	
15 May 2010	Guitar skills for non-guitarists	£90	
20 May 2010	Insight into art therapy (evening)	£30	
08 Jun 2010	Enhancing your skills in palliative care nursing	£90	

#### Advanced courses in pain & symptom management 2010

23-24 Jun 2010	Newcastle	05-06 Jul 2010	Oxford 1
29-30 Jun 2010	Nottingham	12-13 Jul 2010	Oxford 2
Registration form for the Advanced Courses available on <a href="http://www.sobellhospiceoxford.org">www.sobellhospiceoxford.org</a> or contact Sobell Study Centre: tel. + 44 (0)1865 225886 e-mail: <a href="mailto:ssc@orh.nhs.uk">ssc@orh.nhs.uk</a>			

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